

CLN Students' graduation projects

	Academic year	Section	Semester	#	Project Title
1	2015-16	Female	First	1	Effect of a Semi-vegetarian Diet in Preventing the Recurrence of Symptoms in Patients with Crohn's Disease - Case Report.
2				The Effect of Green Tea Consumption on Weight, Waist Circumference, Blood Pressure, and Blood Glucose.	
3				The impact of physical activity on food choices among Saudi people.	
4				The relationship between glycemic index and acne among Saudi females	
5				The Effect of Gluten-free Diet on the Symptoms of Irritable Bowel Syndrome	
6				The social media network and its impact on body mass index.	
7				The effect of weather on physical activity and food intake.	
8		Female	second	1	The effect of cinnamon and ginger extracts on glucose and some lipid parameters of people with type 2 diabetes.
9				2	The effect of aqueous extracts of white green tea and ginger consumption on weight loss in Saudi overweight or obese adults.
10				3	Estrogen modulation by C-type natriuretic peptide and its effect on bone markers.
11				4	The association between dietary fiber intake and obesity among females of King Saud University.
12				5	Effect of food label use on obesity rate among Saudi females in King Saud University in Riyadh city.
13				6	Assessment of the nutritional status and the prevalence of obesity in children with Down Syndrome in Riyadh, Saudi Arabia.
14				7	The effect of iron deficiency anemia on HbA1C level-case control study.
15				8	The effect of ginger consumption on cardiovascular risk markers.
16		Male	First	1	THE ROLE OF NUTRACEUTICALS IN HUMAN HEALTH
17				2	STAGES OF CHANGE IN FOOD HABITS
18				3	DIETARY SUPPLEMENT AND EXERCISE
19				4	CELIAC DISEASES
20				5	FOOD SECURITY
21				6	PLANT BASED DIET
22				7	NUTRITION LABELING
23				8	RELATIONSHIP BETWEEN CAFFEINE AND WEIGHT LOSS
24				9	EATING DISORDERS
25				10	ARTHRITIS
26		Male	Second	1	Micronutrients and Pregnancy
27				2	Food Security

28				3	Elderly Nutrition
29				4	Relationship between Omega 3 and Pregnancy
30				5	Omega-3 and Psychological State
31				6	Folic acid and Pregnancy
32				7	Dietary Fiber and type 2 Diabetes
33				8	Diabetes Mellitus Type II
34				9	Osteoporosis
35				10	Stage of Change in Food Habits
36				11	Omega 3 fatty acids and Heart Diseases
37				12	Celiac Disease
38				13	Beriberi disease and thiamine
39				14	Cholesterol related to heart disease
40				15	The Role of Media in Nutrition
41				16	Carbohydrate and Diabetes