

Students' Projects \_CLN

Academic year	Semester	#	Project Title	NO of students/ project	Students	supervisor	
					Gender	Name	Gender
2016-17	First	1	Obesity and Heart Disease	1	Male	Dr Khalid S. Al-Numair	Male
		2	Nutrition Therapy in Major Burns	1			
		3	Sodium and Hypertension	1			
		4	Sugar-sweetened Beverages and risk of Obesity	1			
		5	Calcium and Osteoporosis	1			
		6	Effect of White Sesame Seeds on Lipid Profile and Blood Pressure among 40 years and above males & females in Riyadh, Saudi Arabia	5	Female	Dr. Iman Bindayel	Female
		7	Effect of Arabic Gum ingestion on body weight, waist circumference, body mass index and body fat percentage in healthy adult females	6		Dr. Iman Bindayel	
		8	Assessment of physical activity level and dietary habits among Saudi female retirees, Riyadh city	6		Dr. Ingrid Echeverry	
	Second	1	Coffee and Hypertension	1	Male	Dr Khalid S. Al-Numair	Male
		2	Folic Acid and Pregnancy	1			
		3	Omega-3 Fatty Acid Benefits	1			
		4	Obesity in Adulthood	1			
		5	Hepatic Encephalopathy and Protein Intake	1			
		6	Cholesterol and Cardiovascular Diseases	1			
7	Sweetened Beverages and Chronic Diseases	1					
8	Obesity, diabetes and the relationship between them.	1					
9	Comparison between the effect of ideal protein weight loss method (IPWLM) and balance diet on anthropometric measurement among overweight and obese Saudi females in Riyadh City	6	Female	Dara Aldisi	Female		
10	The effect of sage on lipid profile among female hyperlipidemic patients	4		Dr. Iman Bindayel			

	11	The effect of 4-weeks daily consumption of pomegranate juice on blood pressure in a CVD at- risk sample of adult female: A parallel, single- blinded, placebo-controlled trial	3		Dr. Iman Bindayel
	12	Effectiveness of Hibiscus sabdariffa in patients with mild hypertension: a randomised controlled trial.	3		Dr. Ghadeer Aljuraiban
	13	The effect of Sage tea sabdariffa in patients with mild hypertension: a randomised controlled trial.	4		Dr. Ghadeer Aljuraiban
	14	Effect of Drinking Supplementary Water on Visual Attention, Short Term Memory, and Fine Motor Skills Scores among Saudi Females 7 to 9 Years of Age in Riyadh City	4		Dr. Ingrid Echeverry
	15	Assessment of the Nutritional Knowledge, Eating Behaviors and Lifestyle Habits of Community Health Science Department Students at King Saud University – A Cross Sectional Comparative Study	6		Dr. Ingrid Echeverry
	16	Evaluating the factors affected on food appetite among female university students	7		Dr. May Almuammar Dr. Mona Elshafei
	17	Assessing consumption of coffee types and anthropometric measurements among university females.	7		Dr. Mona Elshafei
	18	Nutrition knowledge of athletes	3		Dr. Meshail Okla
	19	Effects of physical activity on mental health in KSU students	3		Dr. Meshail Okla
	<b>Total</b>	<b>27</b>	<b>80</b>		